



5 technology tips to transform the way you work.

Whether you're in the office or working from home, technology allows companies to communicate and collaborate, ensuring we stay connected to each other, our staff, customers and suppliers. It has enabled us to function anywhere, anytime.

winc.[®]

Ben Tierney, General Manager Technology Solutions & MPS at Winc, shares his tech tips to help increase efficiency, boost productivity and transform the way we work.

Tip 1

“The average office worker spends approximately a third of their day in front of a computer screen. Having a monitor, rather than relying on a laptop screen, provides greater real estate and can help prevent strain on the eyes, making work more comfortable and efficient,” says Ben. Research shows employees who work on larger displays can finish tasks in half the time than those who work solely on their laptops.¹

25165116 Philips 24 Inch Full HD LCD Monitor



25167338 Kensington Easy Riser Go 14 Inch Laptop Stand Black

Tip 2

Using a laptop riser can help avoid or relieve neck pain as sitting in a forward bending position places stress on the neck. “When your head is at a 30 degree bend, which is common when gazing at a laptop placed on a table, your neck supports four times the weight than if your head was at 0 degrees with your laptop at eye level,” Ben explains.

Tip 3

“A headset can dramatically improve concentration by blocking out external noises and distractions,” Ben tells us. “So many of us are used to working at home, away from the noise of a busy office environment. When going back to the office, having the option to switch off the background noise is brilliant.” Studies have shown that using a headset can improve productivity by up to 43%.²

18982640 Jabra Evolve 40 MS Stereo Headset



25154655 Logitech MX Master 3 Advanced Wireless Mouse

Tip 4

“Going cordless and investing in a wireless mouse will eliminate the issue of tangled cords and additional clutter. A wireless solution also vastly improves mouse functionality and offers greater portability,” Ben suggests.

Tip 5

“Having a printer at home is especially useful for remote and distributed workers. Physical copies make proofing and editing work a lot easier and it’s more convenient to read longer documents like annual reports in print form,” says Ben.

25165081 HP Color Laser Multi Function Printer 179fnw



References:

¹Jones, G., 2020, 'How A Computer Monitor Improves Productivity', <<https://www.apetogentleman.com/computer-monitor/>>

²Edwards, A., 2020, 'Should my team be using headsets?', <<https://www.hjstechnology.co.uk/business-telephones/should-my-team-be-using-headsets/>>

For more information, speak to your Account Manager or get in touch with a Winc Technology Specialist by calling 13 26 44.

winc.[®]